Year 7 Physical Education Vocabulary List

(Tier 2 and Tier 3)



Abstract – **higher-order thinking**, usually about ideas and principles that are often symbolic or hypothetical.

Aesthetic - a branch of philosophy which deals with questions of beauty and artistic taste.

Analyse – Break down information into positives and negatives, and recognise connections between factors.

Apply - justify a concept by fully evaluating an example.

Bearings – Direction of travel.

Cardinal directions - the four main compass directions: north, south, east, and west.

Compare - Identify similarities and differences.

Complete – Add missing information.

Define - state the meaning of something

Demonstrate - Prove something by showing it.

Describe – Given an interpretation of a concept in descriptive words.

Demonstrate - Prove something by showing it.

Discuss – Provide key points from both sides of an argument.

Evaluate – Make a judgement/conclusion from given information.

Explain – Provide justification for something.

Explore - inquire into or discuss (a subject) in detail.

Identify – Use information to select important or correct pieces of factual information.

Incorporate - take in or contain (something) as part of a whole.

Justify – Give a reason for something using evidence.

Locomotion – The basics of movement.

Opponent - someone who competes with or opposes another in a contest.

Outline – Provide a brief description of something.

Outwitting – Deceive by greater ingenuity.

Perform - carry out, accomplish, or fulfil.

Possession - physical control of the ball or other implement of play by one team, which typically gives that team the opportunity to score.

Replicate - make an exact copy of; reproduce a movement or skill.

State – Provide a factual statement in clear terms.

Suggest – Propose an idea/solution.

Summarise – Provide the main factors or points from a topic.

Technique - The single motor procedure for taking and tackling a MOTION or motor task.