

Oaklands

Catholic School and Sixth Form College

Welcome to the Key Stage 4 Transition Evening

15th June 2023

Community Unity Opportunity



Father, we pray as a Christian Community to be open to the Gospel message of Jesus.

We value the uniqueness of each other, and in respecting and supporting one another, celebrate the gifts we bring.

In unity and love we will reach out to those in need.

Guide us as we work to make prayer, love, healing, peace and justice a reality within our school.

Amen.



Students said.....

“The secret is to work consistently from the start of Year 10 .”

“No one else is going to do it for you.”

“My results were OK in Year 9, but I needed to work much harder in KS4”

“ Get organised ”

“Although I would tell my mum there was no homework, there was always something to do. I should have learnt this lesson earlier”

“ Hit the past papers”

“The work moves on at such a speed - miss a week and it can be like coming back to a different subject.”

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“Take all the in year tests seriously”

“I did not do the work I should have done and my marks reflected this.”

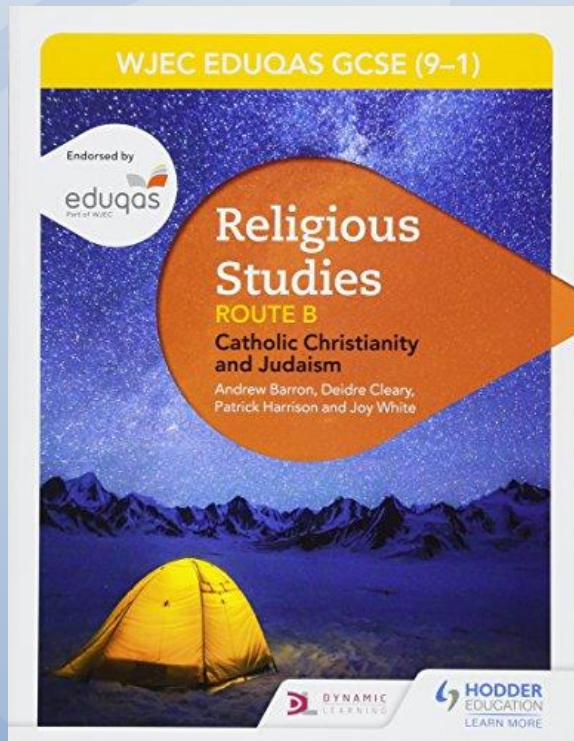
“I did not attend the revision sessions –that was a big mistake.”



How can I help my child be successful ?

- Focus on progress
- Focus and reward effort – encourage a growth mindset
- Focus on useful questions e.g. what do you need to do to improve ?
- Encourage thinking about the future and look at post-16 courses early as a motivation / goal to aim for
- Encourage effective learning strategies
- Encourage regular and effective (undistracted) revision
- Do not take holidays or ask for leave of absence during term time

GCSE Religious Studies



Sets 1-4 Eduqas
Route B

Set 5 AQA Short
Course

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Eduqas Route B GCSE Religious Studies

Paper 1: Foundational Catholic Theology

- 1 hour 30 minutes
- Worth 37.5% of total marks
- Themes: Origins and Meaning; Good and Evil

Paper 2: Applied Catholic Theology

- 1 hour 30 minutes
- Worth 37.5% of total marks
- Themes: Life and Death; Sin and Forgiveness

Paper 3: Judaism

- 1 hour
- Worth 25% of total marks
- Themes: Beliefs and Teachings; Practices

How is the course structured?

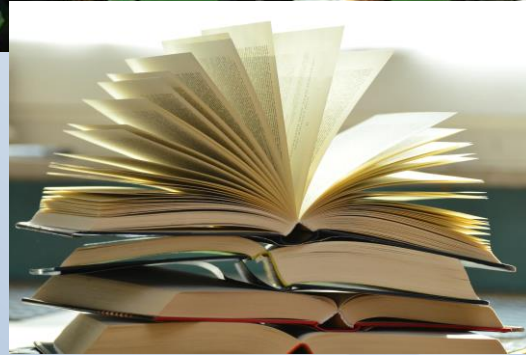
- There are 6 lessons a fortnight
- Homework is set once a week
- Each topic is approximately half a term
- There is a timed assessment at the end of each topic
- We aim to finish the course by February half term and after this complete a period of extended and structured revision
- The final exams will have a mixture of short and longer style questions

How we support students

- Experienced staff
- Rigorous lessons with variety of engaging resources and tasks
- Regular tests and exam questions
- Targeted and general revision opportunities
- Bespoke revision materials

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91%

GCSE English Literature and Language

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What skills are required by our students in the new English GCSE?

- The ability to read a range of texts and select relevant information from this source material, showing they have understood the material.
- The ability to make sensible comments on why writers choose particular words or shape their texts in particular ways.
- The ability to express opinions and show a personal viewpoint.
- The ability to write clearly and accurately, conveying a point of view on a global topic or creating a coherent narrative.
- And – yes – finally – the ability to remember some important quotations from the texts they have read.

English Language GCSE; English Literature GCSE

English Language

- **Paper 1**: Two sections: Reading & Writing
AQA - 1 hr 45 minutes
- **Paper 2**: Two sections: Reading & Writing
AQA - 1 hr 45 minutes
- **Equal weighting for Reading and Writing**

English Literature

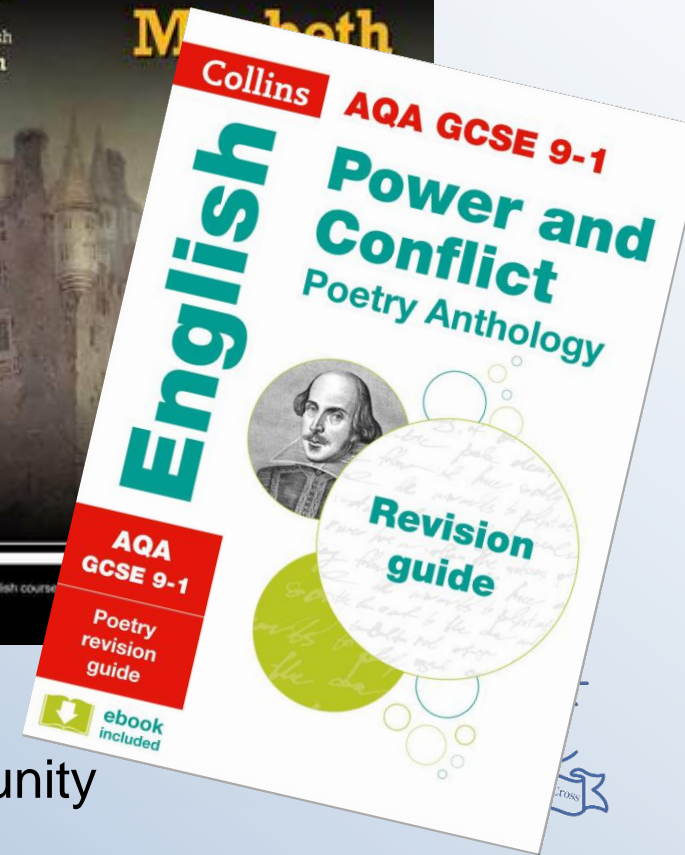
- **Paper 1**: Extract paper, Shakespeare and 19th Century novel. AQA - 1 hr 45 minutes
- **Paper 2**: Modern novel and Poetry AQA - 2 hours 15 minutes

How can we help our students to thrive?

- Offer lessons constructed and delivered by teachers, many of whom are AQA examination markers and therefore know the new exams inside out.
- Test regularly to build up speed of thought and response under timed conditions.
- Offer a robust revision schedule so that no one gets left behind.

How can students and parents help shape the learning journey?

- If extra sessions are offered, students need to be proactive and seek out the extra help on offer.
- At home students need to read more widely – newspapers, journals, magazines, fiction and non-fiction sources. Talk to your youngsters about what they have read – encourage them to develop their own voice.
- Parents could help students by encouraging them to read more, go online less and by talking to students about what is going on in the world. Encourage your young adults to develop opinions and find ways of expressing these ideas in a lively way – perhaps around the dinner table.



Useful resources and links

Oaklands English Dept – Facebook & Instagram

[AQA | Subjects | English | GCSE](#)

[GCSE English Literature - AQA - BBC Bitesize](#)

[GCSE English Language - AQA - BBC Bitesize](#)

[Literature Notes | Homework Help | Study Guides |](#)

[Test Prep | CliffsNotes](#)

[Mr Bruff - YouTube](#)

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GCSE Mathematics 2023 - 2025

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OCR GCSE Mathematics

- * Students will sit either the Higher tier (grades 9 – 4) or Foundation tier (grades 5 – 1).
- * Three exams at the end of Year 11, two calculator and one non-calculator.
- * Each exam has equal weighting and each lasts 90 minutes.
- * They will test your problem-solving skills, alongside your mathematical reasoning and knowledge.

There are four Maths lessons each week.

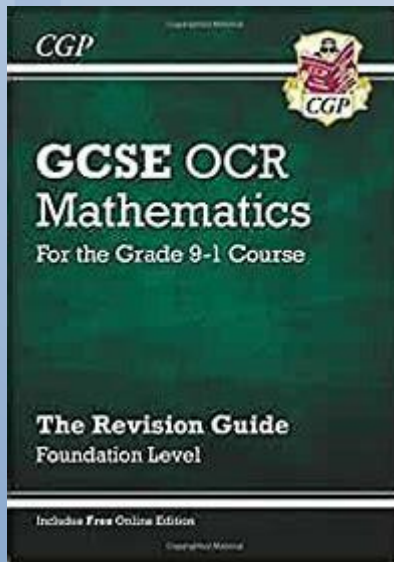
The course should be completely taught by February 2025, just before the March mocks.

Time after this will be spent completing past papers, enhancing exam skills and recapping any material that students are struggling with.

We are experienced OCR teachers and many of our students join us to study Maths at A-Level.

Resources

- Maths equipment
- Calculator
- Workbooks and study guides
- Online revision tools

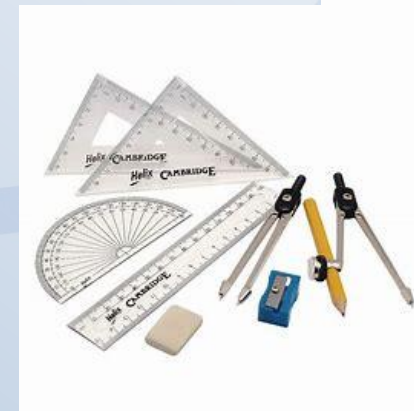


Question Progress 2 / 2 Marks

These are the times for 240 people to get to work. A 10% sample, stratified by time, Complete the table.

Time, t , (mins)	No. of people
$0 < x \leq 10$	8
$10 < x \leq 30$	33
$30 < x \leq 40$	81
$40 < x \leq 50$	77
$50 < x \leq 100$	41

Time, t , (mins)	No. of people in the sample
$0 < x \leq 10$	1
$10 < x \leq 30$	3
$30 < x \leq 40$	8
$40 < x \leq 50$	8
$50 < x \leq 100$	4



Science GCSE AQA

- New GCSE specification: summer 2018
- Two routes
 - Combined Science (Trilogy)
 - Triple Science
- GCSE Science teaching starts in Year 9
- No shortcut to success: consistent hard work essential

AQA GCSE Trilogy(combined) Science

Students will sit 6 Science papers each 75 min long and 70 marks each.

Foundation and Higher Papers.

- B1 and B2 (Biology)
- C1 and C2 (Chemistry)
- P1 and P2 (Physics)

Students awarded a combined grade from a 17 point scale, calculated by averaging grades from the six papers. 1-1, 2-1, 2-2, 3-2, 3-3..... 9-9.

(Capped at 5-5 for foundation students)

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Students have 10 lessons per fortnight.

2 teachers per class to maximise teaching by specialists.

Retrieval practice every week.

Half-termly tests and mocks.

Excellent online resources.

Skills and knowledge:

Key words (technical language)

Maths (units, rearranging equations, graph etc)

Required practicals

Exam practice questions are very important.

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AQA Triple Science

Students have 5 additional lessons per fortnight.

Two teachers per class.

Students will sit 6 Science papers each 1 hour 45 min long and 100 marks each.

Foundation and Higher Papers.

- B1 and B2 (Biology)
- C1 and C2 (Chemistry)
- P1 and P2 (Physics)

Scores from both papers on each topic are averaged to give 3 separate GCSE grades.

Science Resources

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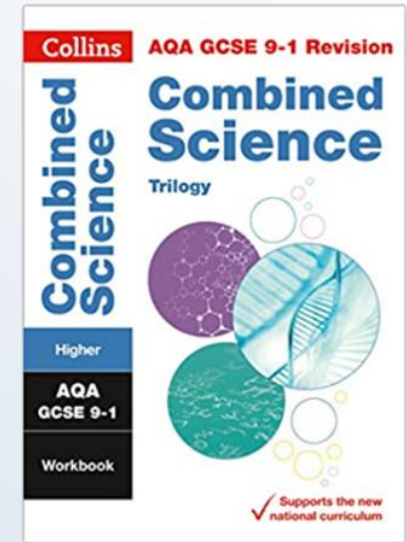
Scientific calculator

Textbooks – see Kerboodle website

Workbooks and study guides

Online resources:

- Kerboodle [Kerboodle](#)
- Seneca [Free Homework & Revision for A Level, GCSE, KS3 & KS2 \(senecalearning.com\)](#)
- Freesciencelessons [freesciencelessons | The very best in science education](#)
- Physics and Maths Tutor [Physics & Maths Tutor \(physicsandmathstutor.com\)](#)



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Work Experience

Year 10 2023/2024

October 2023

(Child Development students only)

July 2024

(all students)

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What do students gain from Work Experience?

- Learn about working conditions
- Learn something about themselves – their own talents, skills and abilities
- Have the chance to talk to different people and find out about the different jobs they do
- Part time jobs, holiday jobs, references
- Identify the connection between subjects you study in school and the skills needed for working life

Work Experience 2023/2024

- Step 1 Finding a placement - submit forms by September 2023
- Step 2 Health & safety checks completed
- Step 3 Students receive confirmation regarding their placement.
- Step 4 Preparation in Child Development lessons.
- Step 5 Three day work experience 16th - 18th October 2023

Work Experience 2023/2024

- Step 1 Finding a placement - submit forms by half term February 2024
- Step 2 Health & safety checks completed
- Step 3 Students receive confirmation regarding their placement.
- Step 4 Preparation in PDC/Careers lessons.
- Step 5 One week work experience 1st - 5th July 2024

Finding a placement

- What do they want to do, and why?

Planned career, possible apprenticeship,
related to a favourite subject at school,

Part time work.

- Research – can it be done locally?

Look on-line, ask family, friends, neighbours

Be realistic, may have to think of an alternative type of
placement.

Finding a Placement

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- Find an employer that will offer a placement
- Check they have Employer Liability Insurance
- Get them to complete the form and then students and parents/carers sign it and return it to Mrs McQuiston

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School Help

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- If you struggle to find a placement then please ask the school for help
- We will try our best to support you in finding a placement

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During Work Experience

- Students will receive a booklet to complete during their placement and an employer evaluation form.
- Students will be responsible for getting themselves to and from their placements. If they cannot attend due to illness they will need to inform the employer and school.
- A member of staff will ring the employer during the first couple of days to check that everything is ok and where possible arrange a visit later in the week.
- If students or parents/carers have any questions or concerns during work experience they should contact Mrs McQuiston.

Key Points

- Please start contacting employers asap about possible placements.
- Please encourage your youngster to meet the deadlines set.
- Consider carefully where your youngster can travel to and what placements might be available in that area
- If you have any questions, concerns or worries at all please speak to Mrs McQuiston as soon as possible. Contact a.mcquiston@oaklandscatholicschool.org
- We can only help if we know.

Welcome from Mrs Over

Key Stage 4 Pastoral Team

We are with you on the journey

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Pastoral Support

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At Oaklands we have a model of Pastoral Care which involves working very closely with a wide range of people and agencies to ensure that each child is able to focus on their learning and achieve their potential.

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What do we do

- The Head of Year and form tutors, wherever possible, remain with their classes from Year 7-11.
- Non-teaching pastoral support staff (Mrs Standen, Mr Miller and external professional mentors)
- Close and effective working relationships with external agencies.
- A Behaviour Team to ensure problems are identified early and interventions put in place.

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What do we do

- Learning Support from the Bartimaeus Centre is actioned by the SENCo.
- The Pastoral Teams meet regularly and identify students in need of support, these can include mental health issues or social / emotional issues affecting learning.
- Parents are notified quickly when problems arise

Support at school

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- **Good Morning Club** – In JP15 every morning from 8.30am for help with basic skills and support to complete a piece of homework.
- **Homework Club** – In JP14 lunchtimes – support to complete homework or print out work to hand in.
- **Homework/Study Support** – Tuesday, Wednesday and Thursday. 3.30 to 4.30pm in JP15 - support for all year groups.
- **Revision Skills** – In JP13 for students in year 11 after school, 3.30 to 4.30pm.
- **Subject Support** – each subject will inform students of planned revision and support. Revision timetables will be shared January 2022. Teachers share resources via Teams/class charts.
- **Peers** – share ideas, resources, arrange study groups.

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Useful Revision Websites

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- **Seneca:** [Free Homework & Revision for A Level, GCSE, KS3 & KS2 \(senecalearning.com\)](https://www.senecalearning.com)
- **Kerboodle:** [Kerboodle](https://www.kerboodle.com)
- **Mathswatch:** [MathsWatch](https://www.mathswatch.com)
- **Physics and Maths Tutor:** [Physics & Maths Tutor \(physicsandmathstutor.com\)](https://www.physicsandmathstutor.com)
- **Studywise:** [GCSE Revision - StudyWise](https://www.studywise.com)
- **Revision world:** [Revision World - Free GCSE & A-Level Revision Resources](https://www.revisionworld.com)
- **GCSE BBC Bitesize:** [GCSE - BBC Bitesize](https://www.bbc.com/bitesize)
- **Memrise:** [Memrise](https://www.memrise.com)
- **Adapt:** [Adapt - free Revision Timetable App for A-level & GCSE \(getadapt.co.uk\)](https://www.getadapt.co.uk)
- **Get Revising:** [Get Revising](https://www.getrevising.com)

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Off The Record (South East)

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We are open Monday-Friday. If you would like to know more or need some help or advice, give us a call on:

023 9247 4724

Our phone lines manned every day, if you don't get through first time please leave a voicemail with your phone number and we will get back to you within 2 working days.

or email us at enquiries@otr-south.org.uk

We aim to respond to emails within 2 working days

we are at:

138 Purbrook Way, Leigh Park, PO9 3SU

Monday - Wednesday 3pm - 8.30pm

Thursday 1pm - 8.30pm

Friday 1pm - 5pm



“ 75% of mental illness in adult life starts before 24, with 50% established by age 14 ”

Safe Haven

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Young Person's Safe Haven is open at the Pallant centre every Tuesday, Wednesday and Thursday between 5-8 pm. (self-referral).

Phone: **0300 303 1580**

Email: cypsafehaven@easthantsmind.org.

As well as our new group topics we are continuing to offer our one-to-one mental health support sessions.

These one-to-one support sessions can include;

- Confidential emotional support
- Self-harm/ suicide safety planning
- Healthy coping strategies
- Wellbeing topics and mindfulness
- Mental Health signposting



Young Person's Safe Haven now open

- Young people aged 11-17 years living in the Havant Borough.
- Access to one-to-one, face-to-face support sessions, crisis support, self-harm/suicide safety planning, healthy coping strategies, wellbeing topics, mindfulness and signposting.
- Please book an appointment on 0300 303 1580 or email cypsafehaven@easthantsmind.org between 5-8pm Tuesday, Wednesday and Thursday. Last appointments at 7.30pm.
- We are still offering telephone support

Please note this phone line and email address will not be monitored outside of these hours.

Service delivered at The Pallant Centre, Havant, PO9 1BE.



In order to keep our staff and young people safe, staff will be wearing appropriate PPE and adhering to social distancing, safety and cleaning protocols.

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Safe Haven

- Managing Anger
- Stress
- Mindfulness
- Nutrition and Mental Health

(Havant Borough only)

Group sessions run on a Wednesday from 6pm to 7pm. Each session is based around a mental health & wellbeing centred topic which includes:

- Clear information on that topic
- An in-depth discussion between the young people and practitioners
- Learning new healthy coping skills relating to the topic
- A safe space to meet and interact with other young people
- A small activity

Wellbeing Groups are then followed by an optional 45-minute art and craft session

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Youth Wellbeing Groups

Children and Young Person's Safe Haven are now offering wellbeing groups for 11- to 17-year-olds that live within the Havant Borough.

These will run on a Wednesday from 6 pm to 7 pm. Each session will include a wellbeing centred topic which will include: information, in-depth discussion, the teaching of healthy coping skills relating to the topic and a small activity.

Group sizes are currently limited to six young people per session. To book a slot please contact us in advance by calling 0300 303 1580 or cypsafehaven@easthantsmind.org

www.easthantsmind.org
Registered charity no. 1116301



Kooth

Home - Kooth

Create a 'good mood' playlist

Useful for self expression/managing emotions/just for fun An activity that uses music to boost your mood.

kooth.com/activities/create-a-good-mood-playlist

Improve your bedtime routine

Useful for relaxation/good sleep hygiene/helpful habits An activity that promotes healthier bedtime habits for a good night's sleep.

kooth.com/activities/improve-your-bedtime-routine

Create your own superhero

Useful for self expression/just for fun A fun and creative activity that helps to distract and pass the time.

kooth.com/activities/create-your-own-superhero



Activities



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Free, safe and anonymous online counselling and support

"I don't think I could've spoken
to someone face-to-face."



Chat to our
friendly counsellors



Read articles written
by young people



Join live
moderated forums



www.kooth.com

Most importantly

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At Oaklands, we consider that it is key to form good links between home and school and work in partnership with parents to support your child.



Please contact your child's tutor if you have any questions or concerns

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