

PSHE EDUCATION: LONG-TERM OVERVIEW KEYSTAGE 5

1. Y12 have a one-hour timetable slot titled **General Studies** each week. It is Wednesday, lesson 5, but, depending on the option chosen, the activity may take place at another time. Students can change their options each term, allowing them to experience three different activities across Y12. Our current options are:
 - Work Experience
 - Community Service
 - Upcycling
 - Art for pleasure
 - Photography for leisure
 - Sport (including skateboarding off site)
 - Gardening Club
 - Politics and Debating Club
 - Performing Arts
 - Events and Entertainment Committee
 - Yoga
 - Art and Design Technician

2. **HE Plus – Y12 only**

This is an academic enrichment opportunity provided by Cambridge University and takes place at Peter Symonds College. HE+ is a collaborative programme between the University of Cambridge and its Colleges, working together with groups of state schools and colleges in 20 regions of the UK. Every year around 20 Oaklands students participate and benefit from access to super-curricular activities designed to stretch and challenge the students academically. A comprehensive programme of information, advice and guidance sessions and study skills support is offered in order to help ensure students make both a successful application and a successful transition to highly selective universities. Also on offer is a funded visit to Cambridge for a large number of participants each year allowing them to experience university life and meet other students. Whilst this programme does have entry criteria, a range of Oaklands students attend selected on ability, their post code, ethnic background and other factors that may result in them missing their true potential if not encouraged.

3. **Induction Day** Y12 and 13
A carousel session to educate students about Sixth Form student life in comparison to GCSE
4. **The Extended Project** Y12 and 13
All students attend one session a week and are expected to complete an EPQ in a subject of their choice
5. **Unifrog** Y12 and 13
A software tool for careers, higher education and other self-development activities. Students all have their own accounts to track and store career research and other personal development opportunities
6. **Careers appointments** (Hampshire Careers Service) Y12 and 13

Students are encouraged to arrange an appointment with an independent careers advisor who comes to Oaklands once a week

7. **External career speakers – Alumni, employer representatives** Y12
Assembly or tutorials may sometimes involve an outside speaker with specialist career route or employment expertise e.g. Universities, Law, engineering, apprenticeships
8. **Weekly Assemblies** Y12 and 13
Assemblies are delivered by a Sixth Form tutor and follow the themes of the tutorial programme. One tutor (RE specialist) advises on scripture where required
9. **Registration** Y12 and 13
Students are expected to register with their tutor on Monday and Friday 0900-20. This is an opportunity to discuss weekly politics and other events of note. Students are reminded of career, HE and employment email info that have been sent that week
10. **Tutor one-to-ones** Y12 and 13
Y12 are all seen in rotation so that tutors can follow up on any academic or attendance concerns registered by teachers on Lesson Monitor or from the Academic Progress Lead
11. **Oxbridge/Medicine/Vet/Dentistry Preparation Group** Y12 and 13
Students with the appropriate GCSE profile are invited to a fortnightly lunchtime session that offers individualised support in preparation for the most competitive admissions processes to university. Activities such as shared presentations, debate, alumni visits, Oxbridge masterclasses and so on
12. **University comparison visit** Y12
In the summer term of Y12 we visit two universities in a day trip e.g. Oxford and Oxford Brookes or Bath and Bristol, Coventry and Warwick.
13. **University Open Days** Y12 and 13
Students research and attend their own choice of open days in summer of Y12 and autumn of Y13
14. **Summer schools** Y12
UNIQ, Sutton Trust, Medisix and so on
15. **Student Ambassadors** Y12 and 13
Sixth Form students liaise with their KS5 teachers and arrange to come into a lower school class to support Y7 and 8 learners
16. **Student Leader programme (Head boy/girls)** Y12 Summer term
All students and staff across the whole school community have a vote in an election each year. All Y12s are asked to consider their own leadership skills. They must find a teacher to 'sponsor' their candidacy. Candidates create an election video and canvass votes in the campaign leading up to it