

## HEALTH AND SOCIAL CARE



This course is all about people who use or work in the health, social care and early years services. There will be coursework and examined units which include the following:



### **Year 1**

Unit 1 Building Personal Relationships – coursework

Unit 2 Equality, diversity and rights in health and social care - exam

Unit 3 Health, safety and security in health and social care - exam

### **Year 2**

Unit 4 Anatomy and physiology for health and social care – exam

Unit 10 Diet and nutrition - coursework

Unit 13 Sexual health, reproduction and early development stages – coursework

### **Placement**

If you are seriously considering a career in health and social care it would be useful to organise a placement.

Your placement can be one morning or afternoon a week when you do not have lessons or it can take place

during your free time in holidays, evenings or weekends. You will gather valuable experience which will help with coursework, your CV and personal statement. Do you know someone or somewhere you can apply to? Schools do not count as a care settings for this subject, only for teaching, except for a reception class, but care homes, nurseries, hospices, hospitals, GP surgeries, residential care and health clinics do. We do realise securing these placements without contacts can be challenging.

### **Care settings:**

Hospitals

GP

Nursery

Care home

Residential care

School – Year R

### **Task 1: Research care setting scandals**

Find an article about a care setting abuse scandal.

Read through and identify what happened and the type of abuse.

Types of abuse:

Physical

Verbal  
Psychological  
Sexual  
Neglect

Then, include the consequences, such as being shut down or prosecutions

### **Task 2: Research 2 medical conditions of your choice:**

#### **Find out the following:**

Causes  
Effects – symptoms  
Treatments  
Impacts – PIES (physical, intellectual, emotional and social) and the impact on daily activities

Refer to some statistics about your medical condition too

### **Task 3: Person centred approach to care**

Carry out some research on the person centred approach to care using the following links:

<http://www.bapca.org.uk/about/what-is-it.html>

<https://www.cqc.org.uk/guidance-providers/regulations-enforcement/regulation-9-person-centred-care>

### **Task 4: Child development**

Carry out research on the development of a baby in the first year of life, focus on what happens at 6 months old only and include the following:

Physical – fine and gross motor skills

Emotional – bonding and attachment with parents

Cognitive – include thinking/understanding, speech & communication

### **Task 5: Advocacy services**

Advocates – someone who speaks on behalf of an individual who is unable to speak for themselves.

Carry out research on the following advocacy services, find out who they are and how they can provide support for individuals:

SEAP  
Mencap  
Empower Me

**Extension activities/websites**

Care Quality Commission - <https://cqc.org.uk/>

NHS - <https://www.nhs.uk/>

Here are a few TV series that relate to health and social care and the units on this course:

24 hours in A&E – TV series, Channel 4

<http://www.channel4.com/programmes/24-hours-in-ae>

999 What's your Emergency?

<https://www.channel4.com/programmes/999-whats-your-emergency>

One Born Every Minute

<https://www.channel4.com/programmes/one-born-every-minute>

Child of Our Time

<https://www.bbc.co.uk/programmes/b0072bk8>

Supersize versus Superskinny

<https://www.youtube.com/user/SupersizeVSkinny/videos>

Secret Life of 4 and 5 Year Olds

<https://www.channel4.com/programmes/the-secret-life-of-4-and-5-year-olds>

**Assessment criteria - please bring evidence to the first lesson that you have completed all tasks set**

A – All tasks fully completed

B – Majority of tasks fully completed

C – Some tasks fully completed

D – Few tasks fully completed

E – Tasks not completed